

DUAL TWISTER

JBR-125

- ◆ The Dual Twister allows the user to engage and strengthen their core and stretch out their back muscles at the same time.

- ◆ **DIMENSION:**  
Length : 78 inches / 198 cms  
Width : 29 inches / 74 cms  
Height : 58 inches / 147 cms

- ◆ **MUSCLE WORKED:**  
Biceps  
Triceps

